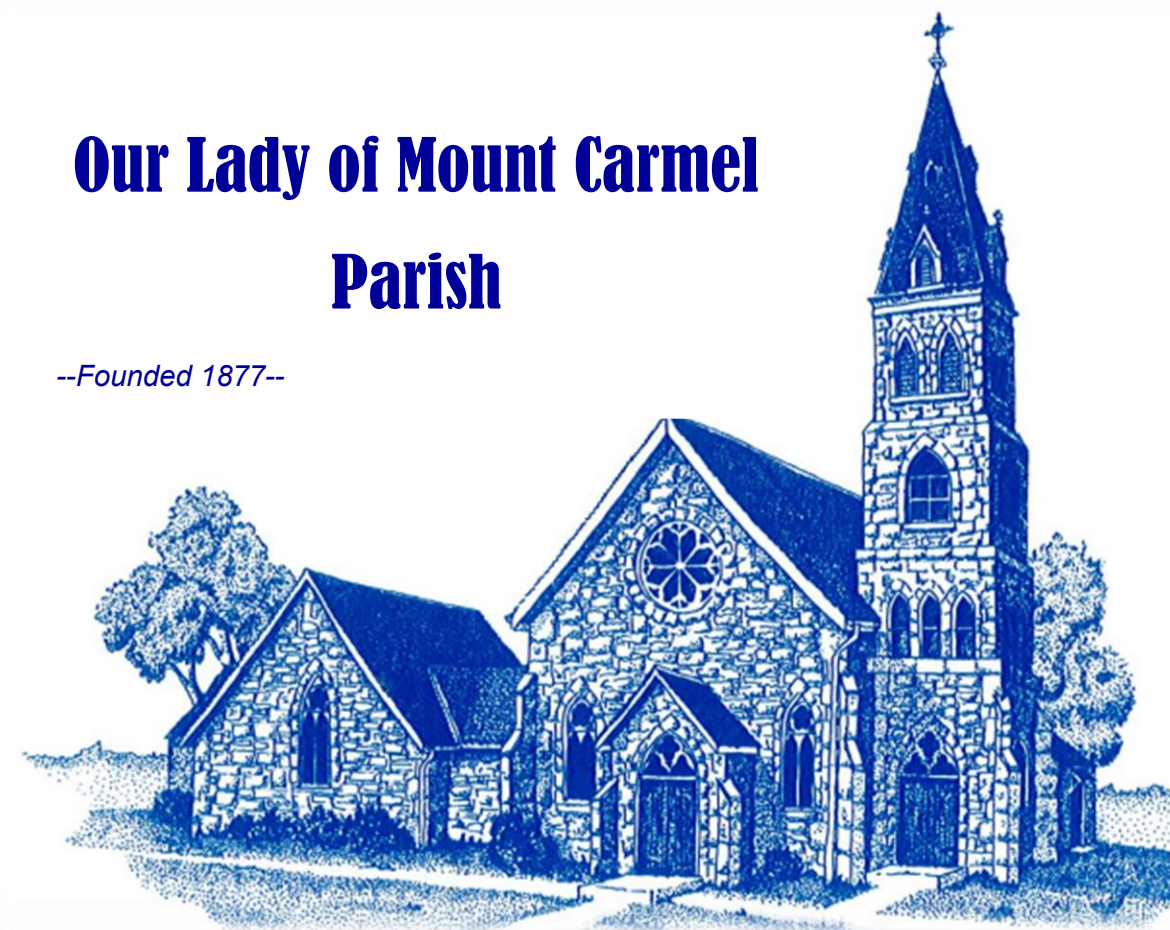




Our Lady of Mount Carmel Parish

--Founded 1877--



79 Freelon Road, Freelon, Ontario, L8B 0Z3

Phone: 905 659 3305

Website: www.olmcf.com

Pastor: Fr. Arpee Urquico
 Secretary: Angela Clayton

Email: pastoroffice@olmcf.com or office@olmcf.com

Sunday Mass:

(Saturday) 5 p.m.
 Sunday 9 a.m. & 11 a.m.

Confession Times: Please email Fr. Arpee or call the office to arrange an appointment.

Weekday Mass:

Tuesday: 6:30 p.m.
Wednesday & Thursday: 9 a.m.
Friday:

Hospital Visits:
 Please email or call the office.

Adoration & Benediction: 5:30 p.m.
Mass: 6:30 p.m.

For emergencies: (text preferably)
 289 609 4677

Parish Registration:

Welcome to Our Lady of Mount Carmel: Please fill this out to register and place in the collection basket:

Name: _____ Phone: _____

Email: _____

Address: _____

Would you like envelopes? Yes NO

Income tax receipts for 2024 are now available in the annex. Please, if possible, collect your receipt by the last weekend in February. Any receipts not picked up by that time will be mailed out. If you do not receive your receipt or it is missing, please contact the office office@olmcf.com or 906 659 3305



Congratulations to all the children who received their **First Holy Communion** on **Saturday, February 8!** May this sacred moment bring you closer to Jesus and fill your hearts with His grace and love.



As a parish community, we rejoice with you and your families. May you always find joy and strength in the Eucharist and continue to grow in faith.

OPENING THE HOLY DOOR: SPRING BOOK CLUB The Office for Evangelization and Catechesis invites you to join us for a four-week virtual book club, exploring the new book by Joan Watson, *“Opening the Holy Door.”* Tuesdays from 1:00 – 2:00 p.m. **March 18-April 8, 2025.** Together we will reflect on the beautiful images of mercy and hope found on the Holy Door of St. Peter’s Basilica in Rome, open to pilgrims and visitors throughout the Jubilee Year. Join us for this time of prayer and conversation, drawing into deeper fellowship during this Jubilee of Hope. Registration can be made here: <https://hamiltondiocese.com/events/>



JUBILEE OF HOPE, 2025 The Diocese of Hamilton joins the celebration of the Global Church in this Ordinary Jubilee Year, 2025, as “Pilgrims of Hope!” We are all invited to journey through this year drawing closer to God through prayer, service and experiences of renewal. Six churches have been marked as pilgrimage sites across the Diocese, welcoming you as a visitor over the course of the Jubilee to come and pray. Resources, information and locations of the pilgrimage sites are all made available on the Diocesan Website: www.hamiltondiocese.com .

PARENTING TIP OF THE MONTH #166 Family love is one of the most complex loves to navigate. Siblings often love each other but also know clearly all the buttons to push to make other members react negatively. Children challenge parents as they age, generally trying to define and discover whom they are as an individual, and sometimes personalities just clash. These are hard moments, so work to stay connected with good moments that bring you together. Nature walks, movie nights, game nights, and brunch following Mass on the weekend – any actions that will remind everyone that family is our greatest support. Putting in the effort to plan fun moments will have lifetime benefits to all members of the family!

MARRIAGE TIP OF THE MONTH #146 February is known as the month of love, but love needs to be part of our thinking 24/7! Love is an action word, so take some time to reflect on your contribution to your married relationship. Do you use kind words, compliment, apologize, when necessary, show love through action in what you do for your spouse, pray for your spouse daily and make the time to be together and share your day? These will all build love and keep it strong.

The **Reel Justice Film Festival** offers another crucial dialogue with **Resilient Genius February 25, 7:00 – 9:00 PM.** The film gives voice to children and youth affected by war, conflict, and political unrest. Thirteen children and youth immerse us in memories of Syria, Ethiopia, Ukraine, Rwanda, Afghanistan and Iraq, reflecting on their lives before, during, and after experiences of violence. Their raw recollections, expressions of wisdom, and transformative acts provide a powerful call to action. Film Director Joanne Hodges and Rita Balla, Director, Diocesan Office for Refugees will provide further discussion following the film. **The event will be hosted online via Zoom. Register and view our full schedule at: <https://hamiltondiocese.com/reel-justice-film-festival/>** A partnership between the Bishop Farrell Library & Archives and Development and Peace, the Reel Justice Film Festival shines a spotlight on issues of social, political, and economic injustices.

Mass Intentions: February 10th—February 16th

Monday:

Tuesday: 6:30 pm Dianne Keasey—Clayton Family

Wednesday: 9:00 am Ed Irving—The Catholic Women’s League

Thursday: 9:00 am Intentions of the Van Schyndel Family

Friday: 6:30 pm
(Adoration begins at 5:30 pm)

Saturday: 5 pm Leo & Maria Catarino & Amadeu Madaleno—Catarino Family

Sunday: 9 & 11 am Our Parishioners