



Our Lady of Mount Carmel Parish

--Founded 1877--



79 Freelon Road, Freelon, Ontario, L8B 0Z3

Phone: 905 659 3305

Website: www.olmcf.com

Pastor: Fr. Arpee Urquico

Secretary: Angela Clayton

Email: pastoroffice@olmcf.com or office@olmcf.com

Sunday Mass:

(Saturday) 5 p.m.
Sunday 9 a.m. & 11 a.m.

Confession Times: Please email Fr. Arpee or call the office to arrange an appointment.

Weekday Mass:

Tuesday: 6:30 p.m.
Wednesday & Thursday: 9 a.m.
Friday:

Hospital Visits:
Please email or call the office.

Adoration & Benediction: 5:30 p.m.
Mass: 6:30 p.m.

For emergencies: (text preferably)
289 609 4677

Parish Registration:

Welcome to Our Lady of Mount Carmel: Please fill this out to register and place in the collection basket:

Name: _____ Phone: _____

Email: _____

Address: _____

Would you like envelopes? Yes NO



Tax receipts for the 2024 year are being prepared and will be available for pickup in the annex in the coming weeks. Any receipts not picked up by the end of February will be mailed. If you are not using offertory envelopes and would like to, please get in touch with the office at 905-659-3305 or email office@olmcf.com and a box will be prepared for you.

Thank you to everyone who attended the Catholic Women’s League General Meeting last Tuesday.

As a reminder, the CWL General Meetings are held on the third Tuesday of each month in the Annex, immediately following the 6:30 PM Mass. We encourage all members and anyone interested in joining to attend.

Please note that the annual membership fee for the CWL is \$40. Membership envelopes can be placed in the collection basket.

The February editions of *The Word Among Us* have now arrived! We invite all parishioners to pick up their copy, which can be found at the back of the church.



Children are preparing for their First Communion, which will be celebrated on February 8. This is a beautiful and important moment in their faith journey as they come to understand and receive the Eucharist for the first time.

We kindly ask you to keep these children in your prayers as they continue their preparation. May this be a time of grace, learning, and spiritual growth for them and their families Thank you for your prayers and support as they approach this sacred



JUBILEE OF HOPE, 2025 The Diocese of Hamilton joins the celebration of the Global Church in this Ordinary Jubilee Year, 2025, as “Pilgrims of Hope!” All invited to journey through this year drawing closer to God through prayer, service and experiences of renewal. Six churches have been designated as pilgrimage sites across the Diocese, welcoming you as a visitor over the course of the Jubilee to come and pray. Resources, information and locations of the pilgrimage sites are all

Support for your Marriage – Does your marriage feel like it is more trouble than joy, does it feel stagnant or disconnected? Is it causing you constant stress? The solution is Retrouvaille – whose one purpose is to help couples restore their marriage and rebuild a loving relationship. This is a practical program, where sharing is not required except between the couple themselves. It is designed to improve communication, build stronger marriages, and help couples reconnect. For struggling couples, including those who may be considering separation or divorce. The next Retrouvaille weekend is March 7-9, 2025. For more information call 905-664-5212 or email 1013r@helpourmarriage.org.

Mass Intentions: January 28th – February 2

Monday:

Tuesday: 6:30 pm Lillian Moore-Rona Bruce

Wednesday: 9:00 am Intentions of Marg & Dave O’Reilly & family—req Helen & Jim McGrath

Thursday: 9:00 am Gerry Magee—Kathy Irving

Friday: 6:30 pm Special Intentions
(Adoration begins at 5:30 pm)

Saturday: 5 pm Ivan & Drago Davutovic—Luba Filipcic
For the intentions of all CWL Members in the Diocese of Hamilton

Sunday: 9 & 11 am Our Parishioners

Diocesan Prayer Calendar:

Monday: Rev. Ralph Diodati
 Tuesday: Rev. David Lewis
 Wednesday: Carmelites of Mary Immaculate,
 Thursday: Rev. Robert Sims
 Friday: St. John Bosco, Priest
 Saturday: Rev. Arpee Nicolas Urquico
 Sunday: The Presentation of the Lord

Prayer for Vocations God, the source of creation and love, You invite each of us to serve you through the life which is your gift. May your grace encourage men and women to heights of holiness through service to the Church as priests, sisters, brothers and lay ministers. Make me an instrument to encourage others to give themselves and challenge me to do the same. Amen.